

# The Community Breeze

Serving the North Lake Communities of Christmas Valley, Fort Rock, Silver Lake, Summer Lake & Paisley & Southern Deschutes County

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Sunrise Illuminates Pink Heart



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## See what Local Businesses are Offering for Valentines

Massage by Shawn has some candy and rose waiting for you with a massage purchase. Pg. 3

The Flyway Restaurant will be hosting a special, reservation only Valentine dinner on both the 14th and 15th. Pg 9

Mindy of Stellar Nails will be gifting certificates for a 16 oz beverage at Brimstone to the first ten people making appointments that mention her ad. Pg11

Brimstone Coffee will give the first ten people that mention her ad a \$5 off coupon for a service at Stellar Nails



## Lakeside to Open Soon

Ken, Tina and Shelby Grassman have as a family purchased the Lakeside Terrace Restaurant, Motel and RV Park. Their first order of business has been the complete updating of the restaurant interior. New insulation, heating and cooling, updated electrical a much more. Shelby, pictured above will be in charge of the operation with the expectation of eventual full ownership. She is hoping to be open to the public by February first. She said that the staff will continue working and that the restaurant will be featuring updated offerings.



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# Comings and Goings

By Terry Crawford

One down and eleven to go. January 2020 came in like a March Lamb and turned into a Lion. The winds unrelenting took even the sunniest of days into the fringed zone. I haven't had a day without my poly/pro long johns and a turtle neck being an integral part of my wardrobe. They have been topped off by a vest when inside and when venturing out Big Yellow (my much loved, oversized barn coat), with a slew of uncoordinated hats, scarves and gloves. At times just the idea of making the trek to the barn and back is daunting, for I know it will take a good hour to get warmed up again.



I just read local author D.N. Purkerson's novella, The Promise, which injected a wake-up call to me about just how lucky I am to only have to walk a couple of hundred feet to take care of the horses. I have a safe abode, insulated from the cold, a deterrent to the wind - a home. A safe place. I have no doubt I would have been among the frozen dead at the battle of Chosin Reservoir during the Korean 'war'.

This little book reaffirmed my concern that history as it is taught today is skimming over causes, realities and effects of WWI, WWII, Korea, Viet Nam and even our more recent military involvements. Our children and grandchildren are being dummed down and nestled into a somewhat Utopian existence. Reading The Promise, has piqued my curiosity and I now must delve more deeply into what has come to be called the Korean War.

I encourage Breeze readers to get a copy of "The Promise" and read it many times over - for with each reading they will gain deeper insight into what War is and gain a deeper understanding of what those serving our country throughout the world often face.

I expect most of us are settling into our winter routines now that the holidays are behind us. My house is back to its old self, no tree, or piles of stuffed bears. (I decorate under my tree with a collection of bears - big, little and in-between - rather than wrapped gifts. It is always enjoyed for the time it shares space with family and friends.

For my horses, winter is the 'Life of Riley'. Carrots and hay in the morning, grain and hay in the

evening, pull blankets if it is warm enough, put them back on at night and of course get all the brushing their slave (me) can find time for.

I am getting a case of cabin

fever and can't wait for a break in the weather so I can haul Alex over to my daughter Jill's barn in Boring, Or. He will get some riding during the week and I can go over on weekends and get in shape too. Our first show is in mid March and I really would like to at least be competitive.

Our first year out amounted to only the late summer shows and we were just beginning the journey. Alex the roping horse and me the 'English' rider. Halt slowly, I would ask and he would to stop on a dime. Trot, I asked and he happily jiggled along. We learned a lot as a team and our partnership grew.

In the spring of 2018 I put in a small dressage court and built an obstacle course that included two gates, a jump, a double-walled pen and several obedience challenges such as move a cup, ring a bell and lift a jug. During the 2018 show season we steadily improved. Our scores were respectable and we even placed in a few competitions.

Early spring of 2019 - Alex went to Jill's for six weeks and I traveled back and forth to ride and get coaching. Things started coming together. Our tests were becoming more fluid, balanced and correct.

We never got a first or second but never-the-less as a team we were in the ribbons and placed ninth both regionally and nationally, I was ninth American rider and Alex was tenth horse nationally.

Daughter Jill, on her mustang Ferox placed seventh as a team, both regionally and nationally and seventh national American rider. Ferox placed eighth horse nationally.

The best part is we had fun and even though we were both competing at the same level, Jill

competes in open and I compete in amateur.

2020 will see us showing again but Jill will be competing in a more advanced division while Alex and I will strive to get correct leads on a consistent basis - Alex doesn't like way I ask him for the right lead - and then we will work on quick responsive lead changes through the Ease of Handling ob-

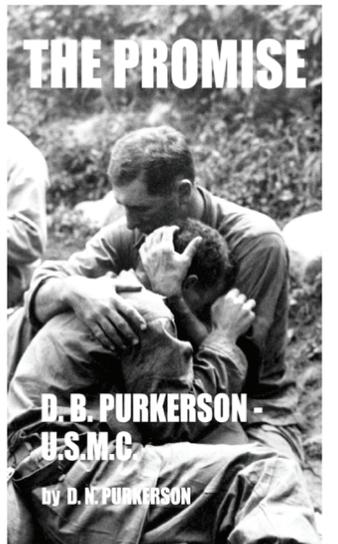
## LOCAL AUTHOR'S BOOK HONORS PRINEVILLE MAN



Christmas Valley author, Dave Purkerson, has just published his novella entitled: THE PROMISE, by D. N. Purkerson (available now at [Amazon.com](https://www.amazon.com) - soon to be available at local businesses). The novella is about the author's uncle, Donald B. Purkerson, a Prineville resident who served during several of the most significant battles in

U.S.M.C. history. Following military service, Purkerson became a Federal Agent and retired as a Criminal Investigator for the U.S. Forest Service. He spent his retirement years mentoring young people, finally passing away in 2008 widely respected as a man of good character.

About his novella, THE PROMISE, the author says, "Buy it, read it, it will leave you feeling great! The book is a true story. It speaks toward the values of the family I am fortunate to be part of. I'm grateful to have this chance to speak up for the Korean Veterans. Five of my uncles served in the Korean War. Four others, including my dad, served during WWII. They were all men I looked up to for the way they conducted themselves."



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**The Community Breeze**

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Editor: Terry Crawford 541-480-0753 - [terryonitsway@aol.com](mailto:terryonitsway@aol.com)

**Deadline: The 20th the month**

**Letters to the Editor and Editorial Policy**

Editorial commentary is welcome and all letters to the editor that are clearly signed with the writer's full legal signature and also include the writer's phone number will be considered for publication.

The following criteria will be applied equally to all submissions in determining a letter's appropriateness for publication: Letters may not include personal attacks, inappropriate language, libelous content, negativity which serves no other purpose than to harm or unverifiable facts. Letters are limited to 300-600 words. Letters may not promote businesses - to do so is considered advertising.

The Community Breeze neither supports or condemns any ideas, creeds, religions, customs, attitudes or beliefs and letters to the editor do not necessarily reflect the beliefs of its editor or its advertisers.

Please mail Letters to the Editor to *The Community Breeze* ATTN: Terry Crawford, 85450 Christmas Valley Highway, Silver Lake, OR 97638.

# Thank You for Reading My Column



Gloria Heglar

The snow outside my office window this morning is the picture of an extraordinary quietness. People tend to stay home in Paisley when it snows. It's a good time of reflection and we have a need to be close, cozy, and warm.

We are safely home after a few days at Newport watching the winter storms on the beach, eating seafood and chasing the gigantic waves along with thousands of other beach lovers that crowded the coast at this "King Tide" time of the year. We then traveled on up to Portland to get a good report on the progress of Clark's healing eye. We then traveled through sunshine, heavy rain storm, sleet, snow and over the Cascades to get back home safely, and thankfully.

There are a million adjectives set aside to describe a snowy day. We speak in terms of hot, spicy apple cider, hot cocoa with marshmallows

on top, and the smell of wood stoves, the flannel sheets come out of storage and chili and stews starts to enter the psyche. Thank goodness for the crock pot. Enjoy!

There is a family in Paisley that everyone is familiar with, the Carlon Clan. They have many names, many members and had many good children making many happy memories.

When we first moved to Paisley 13 years ago, I heard a tale that the triplets of the clan delivered holiday gift packages to the elderly in town on a dark night, never seen or heard, but they guessed it to be the triplets that belonged to Terry and Bobby Carlon. I was new in Paisley, I never received one of the packages, but, I always thought about what a lovely idea that was. People spoke of them as the elves.

As the years rolled on I was

to enjoy the whole family on a huge flat bed truck singing Christmas carols up and down the streets of Paisley. And this year our doorbell rang and a truck full of real, honest to goodness elves delivered packages to Clark and I. The truck was driven by two older elves, Terry Carlon and Norma Jean Carlon was riding side-saddle. What joy a gift like that can bring!

The family is still in the business of showing their gratitude with empathy for others. And, I now know them and admire and appreciate them personally. They are a blessing to this town and when they all come home, which is often, you know they are here. They bring a big smile to my face.

Sitting with the matriarch of this grand group, Norma Jean, at an event for the benefit of the 2020 Mosquito Festival recently, she



asked my husband to photograph the family putting wreaths on the graves of the veterans in our cemetery. It seems donations from the family all over the area were used to purchase many wreaths, and enough wreaths were also donated by Joanne's Fabric Store to cover the graves of not only veterans but first responders that watch over our well being.

Hundreds of responses came on Clark's media accounts that posted the pictures, and the story thanking the Carlons and relaying their memories. Those wreaths touched so many lives and generations of families who lost someone to a cause greater than themselves. Lora Carlon Mayea was the instigator of this project and help came from far and near to support her in her endeavor.

Let this family, The Carlon's, be an example of the joy you can



## Happy Valentines Day

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find in truly giving to others and being grateful for the blessings God has bestowed on you. The Carlon's instill in each of the family members from a young age a reminder that giving to others will enrich your own life in great ways.

Guiding our children in caring for others is the responsibility of a parent and the benefits are found in raising a child that is healthier, happier and able to handle hard times when they come in to their life.

Start this year with a smile as you pass others, a smile is free, and

it will cost you nothing.

Or, you may gift a child who needs a reason to smile with warm mittens, invite an elderly neighbor for a meal; little things mean a lot and will lift you up. Talk to your children about saying thank you and please and I am sorry. They will see the response they get from others and it will build their own self esteem.

Thank You and I appreciate each and every one of you. Happy Valentines!

*Gloria*

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# From This Angle: *Alive in our Memories*

By Toni Bailie



Toni Bailie

I often climb the hill above Paisley and stroll under the metal arch crafted by Joe Carlon that marks the Pioneer Cemetery. On a small knoll, I sit on the bench under a tall pine tree, with a sweeping view of the Chewaucan Valley spread out before me. Wind chimes tinkle in the breeze, suspended from one of the tree's branches. A plaque informs me that "Angels gather here." Zofia Abell's grandmother fashioned this shrine for her beloved granddaughter who died from cancer at age six in 2013. A statue of Mary arises from a mosaic of colorful stones and whimsical mementos.

As I gaze out over the markers shaded by lilac bushes and a juniper tree, I realize I am viewing a history of the small town I call home. My friend Carolyn Pottorff, who was raised in Paisley, returned here when she retired. She joined Easy Writers and was inspired to write biographical sketches of many of the people buried in this cemetery. Carolyn died in 2018, now she is buried near her parents Audra and

Joe Silvera, her grandparents Neva and Henry McCall and her great grandparents William and Jennie Holder.

Carolyn, and many of the other friends who have died since we moved here in 1994, live on in my memories. Linda Kemry, the blithe spirit who taught music at Paisley School and began the Paisley Players Community Theater. She left us way too soon at age 55. Roscoe and Violet Van Buskirk, neighbors of my parents Wayne and Bobby Negus. Nita Banister, a spunky lady who was post master during the 1957 robbery of Paisley Post Office. Nita also drove the mail out to Christmas Valley and Summer Lake during World War II. Lois Ann Daley and her husband Bob.

Some of those buried here died in tragic circumstances. Ed Lamb was shot by his wife Bertha in 1918 (she was acquitted of charges by a jury trial). Preschoolers Arlo and Audrey Amburgey died of exposure in 1927 when their

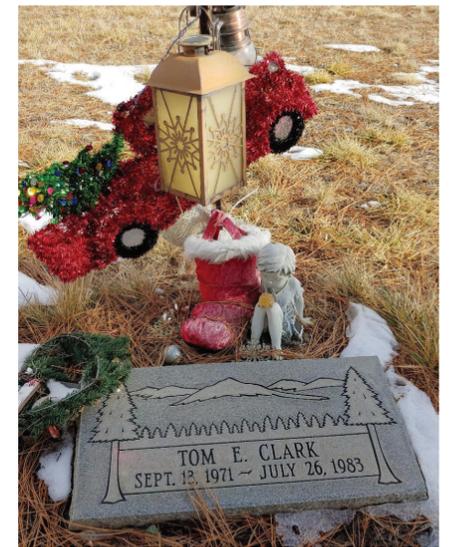
mother, returning from a visit to a



neighbor, became disoriented in a March snow storm. Troy Lawton was shot trying to rescue hostages in the Paisley Post Office robbery in 1957. David Sanchez was killed in the line of duty as a Lake County sheriff's deputy. Orion Van Housen's life ended in a car crash just a few days after high school graduation.

One grave is a poignant reminder of a mother's enduring love. Tom E. Clark drowned in the Sycan River in July 1983. His parents were Skeeter and Judy Clark. When Judy moved away from Oregon she wanted to continue honoring Tom's memory. So her friend Toni Carlon Collins faithfully decorates Tom's grave for every season.

Remembering all those who once lived in Paisley, I reflect on how best to use the hours, days and years allotted to me. Thomas Jefferson Brattain (1828-1909) was one of the pioneers of the Chewaucan Valley. His biography in the Centennial History of Oregon includes the following eulogy which carries a relevant message: "He gave more money to San Francisco at the time of the earthquake than any other man in Lake County. He ever made wise use of his time and opportunities, not only for the benefit of himself, but for friends and neighbors. The world is better for his having lived and his life record constitutes an example well worthy of emulation."



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## Interested in Joining the Stage Rat Players?

We are holding open readings on Wednesday, February 5th at 6:00pm In the North Lake School Library.

**COME READY TO READ!**

So here it is January already. Only 56 days to Spring! January was a mixed bag of weather for the Queen Mother and the girls, It went from warm days the first of the month where the girls went out and did some cleansing flights and looked for some tidbits of nourishment. To help them in their search I set some supers, I had taken honey off of, outside. In about 30 minutes the girls were all over them, cleaning the honey that was left.

Soon after that we got our annual 50mph + winds and then snow.

That kept the girls in much of the rest of January. While we should be in by the fire reading bee-keeping articles or working on bee boxes for the spring build-up we have urge is strong within us that flashes - **you must see the bees!**

So this article will give you and, remind me what to do.

First pick your battles making sure they are advantageous for the colony. Pick a warm calm day get your coat on and your bee jacket along with your smoker. The girls may be going on short cleansing flights and you may not see many flying around. They do not have much stamina and if you are standing in their landing pattern you might expect to get tagged.

So what are you looking for? First some activity, bees coming in an out looking around and possibly flying out for a short look see. Look for dead bees on the snow or ground this is normal as the girls will drag out their dead sisters, however if you see bees without heads you might have a shrew issue. Make sure you have mouse excluders in place, 1/4" to 3/8" spacing is necessary to keep



## BEE-Cuzz You Asked

# January and the Bees

By Gary A. Brain Summer Lake Apiaries



both shrews and mice out of your hives. If you have excluders in place check to see if they are unobstructed so the girls can get in and out with ease. If you see dead bees or debris take the excluder off and insert a narrow piece of wood or similar object and gently sweep out the debris. Bee aware you may disturb the girls so make sure to suit up! A slight puff of smoke may also be effective to keep the girls calm. You want to collect the dead bees and despise them away from the front of the hive. This will help in keeping any pests figuring out where to get a free meal.

If you find a hive that has no activity at the entrance you should listen to see if you can hear some gentle buzzing. You can put your ear right on the side of the hive box and most of the time hear buzzing. If you are not sure tap once or twice on the side of the hive. This will

stimulate a reaction. Be warned this also disturbs the cluster so word of the day, is "gentle tap".

While out there enjoying your day you should assess the weight of your colonies. I do this by lifting the back of the hives. They still should be pretty heavy as they do not use much of their stores until

after mid-winter when they ramp up activity to start brood build up. If you think they are light you need to FEED!

In winter this is a challenge bee-cuzz your normal sugar syrup will freeze. The solution is to feed sugar bricks. There are many recipes on the internet to help you out with this task. You need to be very careful when placing sugar patties or bricks into the hive. The very act is damaging to the girls, it not only disturbs them but allows cold air into the hive. If you plan to feed patties you need to make sure all of your tools and feed are ready and at your side. Again there are several U-tube videos to help guide you through this process.

Lastly check your ratchet straps or weights on top of the hive lest the winds of winter topple your hives -- then get back inside to the wood stove to finish up your winter reading and think about the spring activities that are just a few weeks away.

Bee safe!



## Sheriff's Report:

Submitted by Sheriff Michael Taylor

**December 29,** Deputies responded to the 23000 block of Thomas Creek Road regarding a possible burglary in progress. The investigation revealed that the residents arrived home and found an unknown male inside their house. The male verbally identified himself to the homeowner saying that his mother had died and she came to him in a vision telling him the house was his. The homeowner asked the male to leave the house which the unknown male complied with, driving away in a small white vehicle. An area check was conducted with negative results.

See Sheriff's Report page 7.



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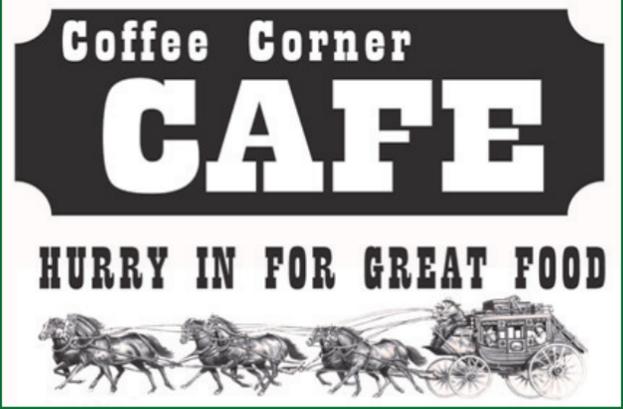
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### Sheriff's Report From page 6

On 01/01/20 at approximately 1300 hours Oregon State Police stopped a white Ford Focus in front of the 500 block of South 11<sup>th</sup> Street and identified the driver of the vehicle. The driver matched the same name provided the evening of the incident. After initially denying being at the residence in question the driver eventually admitted to entering the residence on 12/29/19. The driver was arrested, transported to the Lake County Correction's Facility and booked for Criminal Trespass First Degree. The investigation was forwarded to the DA's Office for charging.

**December 31,** Deputies contacted a known female suspect who had an outstanding Lake County Warrant in the 300 block of North H Street. The warrant was confirmed and the female was arrested, transported to the Lake County Correction's Facility and booked on the warrant.

**January 1,** Deputies responded to the 500 block of South 9<sup>th</sup> Street regarding an assault. The investigation revealed that an argument over the ownership of property escalated to a physical altercation where the suspect punched the victim in the face and fled the residence on foot. The suspect was later contacted in the 1100 block of South F Street and interviewed. The suspect stated that a verbal argument over the ownership of property got heated so the suspect began to leave. As the suspect was walking out the door the suspect was punched in the back of the head. The suspect defended himself and punched the alleged victim in the face and left the residence. The incident has been referred to the DA's Office.

**August 5,** Deputies responded to the 48400 block of Diablo Road regarding an assault whereas the suspect named was Richard Emery. The subsequent investigation revealed that Emery had punched his son-in-law in the face over a property line dispute. Deputies observed minor injuries to the victim's face during the investigation. At the conclusion of the interview Emery was sought and located nearby on his property driving an ATV side by side. Emery was summoned to where law enforcement was positioned however Emery chose to flee in his ATV. Emery was located shortly thereafter and it was noted that Emery had partially concealed himself behind a pine tree. As Emery was being observed with binoculars it was

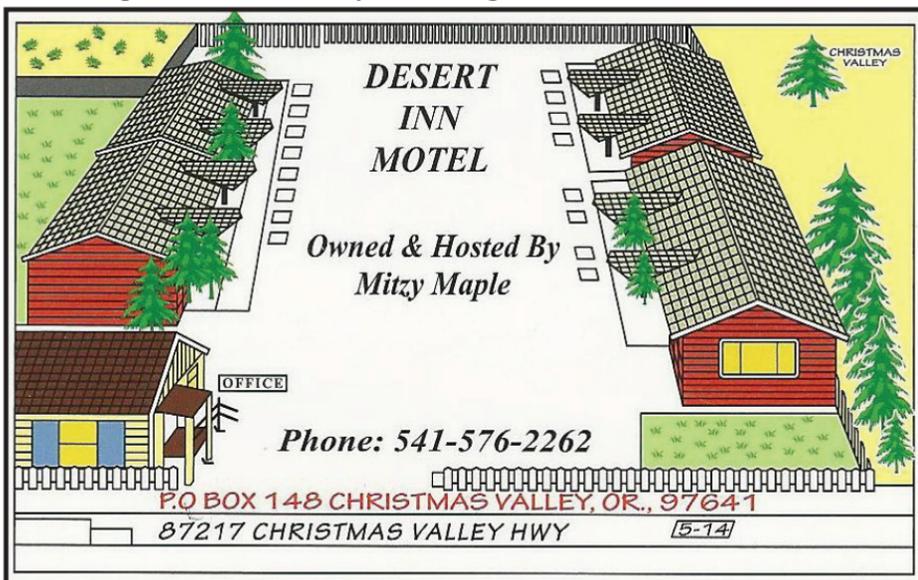
noted that he was holding a rifle next to his side. The contact was terminated however the investigation commenced. On September 6<sup>th</sup> at midnight a search warrant was executed at Emery's residence with the assistance of the Oregon State Police SWAT Team. After numerous attempts to verbally communicate with Emery and no results and having knowledge Emery was in his house, gas was delivered into the house and the front door was breached from the frame and hinges. Multiple more attempts were made to make communicate with Emery. After approximately 90 minutes Emery emerged from the house and was taken into custody. Emery was transported to the Lake County Correction's Facility and booked on multiple charges to include, Felon in Possession of a Firearm and Assault 4, domestic violence. The search warrant was executed which revealed; Methamphetamine, marijuana, stolen property, additional firearms and spikes believed to be used to flatten tires as vehicles drove over a cattle guard. Trial was set to commence on January 8, 2020. Prior to the trial a plea agreement was arranged between the defense and the prosecution. On Friday January 10<sup>th</sup>, Richard Emery was sentenced to 36 months at the Department of Corrections. After Emery's release from the Department of Corrections, Emery will be subject to an additional five years of probation.

**January 18,** Deputies responded to the 1300 block of Center Street regarding a welfare check of an elderly man. When the individual was contacted he seemed confused and out of sorts. During the contact it was determined that an outstanding warrant out of Lake County was confirmed. The elderly man was cited and released to appear into court. The incident has been referred to adult Department of Human Services.

**January 19,** while on routine patrol Deputies contacted a known female who had an outstanding warrant inside the laundromat. Contact was made and the warrant was confirmed. The female was transported to the Lake County Correction's Facility and booked.

**January 19,** Deputies responded to a burglary in progress in the 1000 block of South F Street. The resident had called 911 because his neighbor had entered his residence uninvited and began making threats. The suspect told the victim he had 30 minutes to get out or the suspect would start throwing punches. The suspect left the house and returned to his own residence. The suspect was contacted and interviewed. The suspect stated he had gone over to the victim's residence to tell him to get out of town. The suspect said he just walked right in, because that's what he always does. The suspect said he went over to the victim's residence to take care of some business and that the victim did not belong here. The suspect was arrested and transported to the Lake County Correction's Facility and booked for Criminal Trespass First Degree. The case has been forwarded to the DA's Office for review and charging.

**January 20,** Deputies responded to the 500 block of North J Street regarding a misuse of 911. The investigation revealed that the resident had called 911 multiple times due to hallucinations from the use of methamphetamine. The resident, who is a frequent flyer, was arrested for PCS-Meth, Misuse of 911 and Probation Violation. The subject was transported to the Lake County Correction's Facility and booked. The case has been forwarded to the DA's Office for review and charging.



# The Flyway Restaurant

The Lodge at Summer Lake

Steak & Seafood  
Fridays

Steak & Creative  
Chefs' Specials  
Saturdays

Comfort Food  
Sundays

Evening  
Dinner Specials

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Friday & Saturday

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Sunday: 8am-close

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Fax (541) 576-2168

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Fees apply

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Mon-Fri 8:00 - 5:00  
Saturday 8:00-noon  
Closed Sunday

# Valentines Dinner

Fri Feb 14 & Sat Feb 15

- 18 Smoked Chicken Breast  
w/ Quinoa or Herbed Red Potatoes
- 20 Surf & Turf  
w/ Quinoa or Herbed Red Potatoes
- 20 Tempura Prawns  
w/ Herbed Red Potatoes
- 22 Fettuccine Alfredo with Seafood  
& Grilled Veggies
- 28 Prime Rib  
w/ Baked Potato



**RESERVATIONS ONLY**

Reserve by Feb 12th  
541-943-3993

Serving from  
5~8 pm

Our Last Reservation  
time is 7pm

*Enjoy Our Oregon  
Wines or Beers  
with your  
Special Meal*

All dinners include Caesar Salad, Veggies  
& Sumptuous Chocolate Dessert

**The Flyway Restaurant**

The Lodge at Summer Lake



## The Friends of the Christmas Valley Library

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FEBRUARY 14, 2020

AT THE COMMUNITY HALL



**You Make It, WE will Show It!**

ENTRIES ACCEPTED FEB 13 10:00AM TO 6:00PM

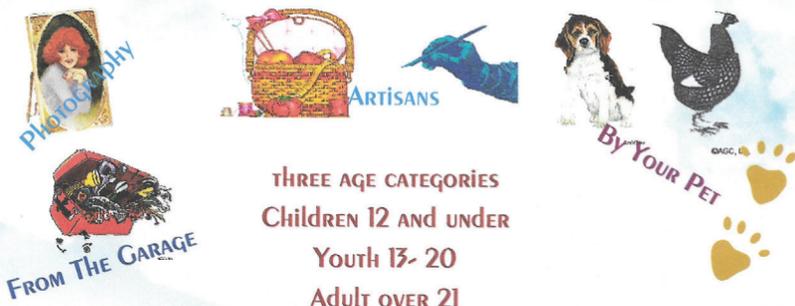
**Public Judging 10:00-3:30 FEB 14**

\$5.00 ENTRY FEE FOR UP TO 3 ITEMS PER PERSON,  
SPECIAL RATE FOR FAMILY GROUPS

DOORS OPEN FOR VIEWING AT 10:00AM FEB 14

Pick up 4:00-6:00PM FEB 14

CONTACT Heidi 509-389-3513 FOR MORE INFORMATION



THREE AGE CATEGORIES  
Children 12 AND UNDER  
Youth 13- 20  
Adult OVER 21

## TURKEY PESTO MEATBALLS in SAUCE

While in town the other day, I picked up some ground turkey because it was on sale and I thought, "why not". Of course then I had to figure out what to do with it. So I turned to the Internet and asked the question, "What can I make with ground turkey?" A gazillion recipes later, I found this one from 'Weelicious' that I had all ingredients for. Of course I tweaked it, subbing oats for bread crumbs and adding an egg to bind things together better. Then dug my home made pesto out of the freezer and whipped up some spaghetti sauce. Hope you enjoy. Put leftover meatballs and sauce, if you have any in a Hoagie Roll, top with Mozzarella Cheese and broil to melt cheese. Yum!

TURKEY PESTO MEATBALLS in SAUCE Serves about 4

- 1 1/2 lbs Ground Turkey
- 1/4 C Parmesan Cheese
- 1/4 C Oats (or breadcrumbs)
- 1/4 C Pesto
- 1 tsp Sea Salt
- 1 Egg



*Marie*

- 1 Jar Spaghetti Sauce or Homemade Marinara Sauce
- Hot cooked Spaghetti

Pour Spaghetti Sauce into the bottom of a 9X9 casserole dish or the equivalent.

Combine first 6 ingredients and form 1 1/2 inch Meatballs with your hands. Brown Meatballs on all sides in skillet. Place Meatballs on top of Sauce in casserole.

Bake in 375° oven for 30 - 45 minutes or until cooked through. Sprinkle with more Parmesan if you like and serve over spaghetti. Enjoy with a crisp green salad and crusty bread.

Salute'

A Letter

friend died other day whats done me good. i never go to funerals, or church. church I used to go to years ago, but then was 86'd for carrying revealed.

what with THEN and PRESENT epidemic of church - shootings. whatever. and curse my paranoia, this was one of c/v's finest.

church was packed, standing room only, and my holster was empty. maybe my paranoia, too, was empty. . . didn't feel that way, however.

elbow to elbow, wall to wall, we were over-stocked corral's what. primo hunting grounds for some whack recreational murderer.

even blind RM could bag a ton of us, a-sprayin while we were a-prayin.

whatever, was mostly distracted by undodly thots of speeding bullets. Camn, my holster's empty! where to hide?? behind the pulpit? nope. primp target that.

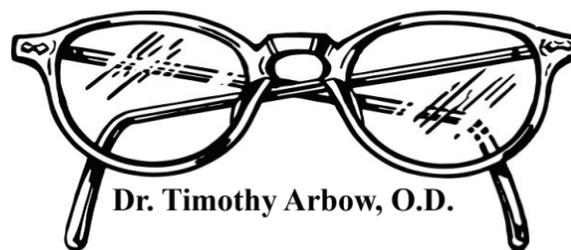
maybe , with earnestness of prayers, hit the floor hopin i'd be first down.... which'd be about 3 people high considering herd size.

.... some prayer; that blood dead ducks atop me'd save my worthless paranoid trembles.

RIP, TIM

randall brown

NORTH LAKE HEALTH DISTRICT HEALTH CARE FEATURE OF THE MONTH



Dr. Timothy Arbow, Optometric Physician has been providing eye care to North Lake County for over nine years. Born and raised in Bend, he has a strong connection with Lake County through a long held family ranch in Silver Lake. Over the past 40 years he has practiced with offices at times in Christmas Valley, Bend and Eugene. The main office is now located in Eugene. The office staff and Dr. Arbow are dedicated to providing excellence in patient care, education, and optical services.

Dr. Arbow is a graduate of Seattle University and the College of Optometry at Pacific University, where he received his doctorate, and currently serves as a Pacific University adjunct Clinical Professor. As a dedicated health care professional, Dr. Arbow has been thoroughly educated and trained to provide you and your family with the highest standard in eye care.

He is a Board Certified diplomat of the American Board of Optometry. He is also a member of: The American Optometric Association; The Oregon Optometric Physicians Association and The Lane Optometric Society.

Dr. Arbow is a past president of the Eugene Jaycees and an active member of the Eugene Downtown Lions Club. For the past 20 years he has served as the Chairman of the Sight and Hearing Committee providing eye and hearing care for those in need. He was named a Helen Keller Benefactor by the Oregon Lions and has received the Spirit of Service Award by the Oregon Lion Foundation. He also serves on the Board of Directors for Eugene Hearing and Speech Center and chairs their foundation.

Dr. Arbow provides primary eye care as well as routine vision examinations. He is experienced in diabetic eye care, cataract pre and post-surgical care, glaucoma detection and management, and LASIK eye care.

A proud grandpa, he enjoys sharing his love of North Lake County with his wife, Susan, his three children, their spouses and six very special grand kids.



WE'RE HERE TO HELP WITH THAT Special Day



Christmas Valley Market

87497 Christmas Valley Hwy.- 541-576-2200

Silver Lake Market

6550 Hwy 31 - 541-576-2401



Dr. Natasha Rudd, N.D., L. Ac.



Acupuncture, botanical medicine, Bowen Therapeutic Technique, Cranial Sacral Therapy, Family health care, Flower essence prescribing, General Internal Medicine, Homeopathy, Primary health care, Personalized nutrition, Shiatsu Massage, Stop smoking treatments, and Vitality Longevity evaluations.

*Dr. Rudd is currently accepting new patients and referrals for patients seeking natural therapies for any type of health condition.*

To schedule an appointment to be seen by Dr. Rudd at the North Lake Health District's Medical Complex please call 541-385-6249.

## NORTH LAKE HEALTH DISTRICT

Serving North Lake County Communities for Nineteen Years



**Board Members**  
(541) 576-2165

- Carl Shumway, President
- Alice Dinsdale, Vice President
- Sandie Maerz, Sec./Treas.
- Earl Diment, Board Member
- Kathy Thompson, Board Member

### Services Offered

**Primary Medical Care Provided by**  
La Pine Community Health Center  
541-536-3435

Dr. Michael Allen DO  
Denise Griffiths, FNP  
Megan Lewis, FNP  
Clinic Hours:  
8:00 - 5:00 Mon - Thur  
9:00 - 4:00 Friday  
Closed daily 11:45-12:45

**Massage Therapy**  
541-576-2110 or 576-2043 (Home)  
Shawn Lavallee, LMT  
By Appointment

**Lake District Wellness Center**  
Behavioral Health Services  
541-947-6021  
By Appointment

**Chiropractic**  
541-633-6563  
Helmut Eichner DC  
By Appointment

**Naturopath/  
Acupuncture**  
541-385-6249  
Natasha Rudd, N.D., L.Ac.  
By Appointment

**Optometrist**  
541-554-9888  
Timothy Arbow, O.D.  
By Appointment

**Mental Health**  
541-515-9233  
Tara Jones  
By Appointment



# Your Christmas Valley Health Center!

Monday-Thursday | 8:00 am - 5:00 pm

Friday | 9:00 am - 4:00 pm

X-Ray | Tuesday & Thursday

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North Lake Health District Medical Center

87520 Bay Rd | Christmas Valley, OR 97641

**(541) 536-3435**

[www.lapinehealth.org](http://www.lapinehealth.org)





The Prospector and his writing travel a path that has many curves and bends along the way, but in the end an interesting destination is reached. So spend a little time mulling over the journey and if you are curious like me, you may find yourself getting ready to do a little exploring.

# Making of a Wagonmaster

Opinion by The Prospector

The year is 1833 and Steven Meek and Moses 'Black' Harris, (who received that name when a flintlock backfire charred half his face) left the British fort in The Dalles and headed for the richest beaver ground (present day Prineville Golf Course) this world has ever seen. The average beaver weighed over fifty pounds.

These two fellows didn't stop in the Ochocos near the present site of Prineville but kept heading south to Wagontire Mountain because they were being dogged by the Hudson Bay Company who also wanted those beavers.

The two mountain men knew they were being followed so when they got to Wagontire Mountain they headed west into the Harney Desert which was devoid of water and trees and reversed course without their pursuers on their tail.

It was a time when styles were changing and the demand for beaver hats dwindled meaning trapping beaver was no longer profitable.

For the next ten years Steven Meek tried his hand at different forms of employment by first buying a freight line in Nevada that was supplying and removing valuable ore before the mine went bust.

Potatoes would make a man rich because of the demand so Meek invested his money into a large farm below the town of The Dalles on a fertile flood plain until the water rose in the Columbia River and sent his 'spuds' to the Pacific Ocean.

Chickens were a rarity in California during this time and a man could get rich by investing in poultry. Loading up his birds on a boat in Oregon City he headed south to a place that would be known as the

Golden Gate in less than a decade only to have the birds die on the way there.

It was about this time some



pioneers wanted to know if he could get their wagon train to the Willamette Valley thru Oregon on an untested route. It was said his reply was "Hell Yeah!" Most likely said reply stemmed from reasons unrelated to leading a wagon train, but rather was due to his being broke and owing money on his past failed investments.

In Vale, Oregon there is a major intersection with the old Spanish road splitting with one section heading north then turning west thru the ground of the Snake Indians who were in "surly mood" and the other going along the Malheur River heading due west.

This intersection today and route is known as Meek's Cutoff trail and be clearly seen today running parallel to Highway 20 on the north side.

When the train reach the spot of little hamlet of Buchanan that

is located thirty miles east from Burns. Meeks expected to find the water was lapping the shores as it was when he and when Har-

ris were last there. What Meek found in the year 1844 was mud as far as the eyes could see and where Meek was fired as the wagon master.

There were estimated 1150 people, 250 wagons and over three thousand horses and cattle in this train without a leader going around the south edge of the dry lake towards Wag-

ontire Mountain that was due west and could be easily seen as a very tall pyramid. Steven Meek headed towards the Ochocos looking for water for the emigrants that he promised

guide. When he returned to Wagontire Mountain people and animals were dying from lack of water because Lost Hollow creek could not support the group and three wagons were arranged in a fashion to form gallows to hang him from. However, it was decided that Meek was their only hope of ever getting out of this situation and let him live.

While the 'Lost Train' was

stranded a train containing 225 wagons passed through Lost Hollow long enough to water and then departed with the plan of traveling west by moonlight. They were never seen again. At least there is no record of their reappearance.

On the other hand the Lost Train was never lost because they knew exactly where they were it was just the situation they couldn't get out of.

Meek turned them north and within a half a day's travel they were connected with the precious commodity, water, at Delintment Lake where they stayed long enough to recoup from the ordeal on Wagontire Mountain - an ordeal that claimed lives from cholera and starvation.

Turning west the group stopped on the west side of Gerry Mountain where some children



brought into camp a bucket with walnut size nuggets of gold an event that was the beginning of the legend of the Lost Blue Bucket Mine.

When Steven Meek reached The Dalles he swore off ever leading a wagon train anywhere and headed to the California gold fields to get rich. Meek came home broke from that trip too.

<p><b>Narcotics Anonymous</b> Wednesdays at 7 pm Christmas Valley Community Hall</p>	<p><i>Speakers Meeting the Last Wednesday of the Month</i></p>
--	--

<p><b>Celebrate Recovery</b> Mondays at 6:30 pm Christmas Valley Community Church</p>	<p>Sherry 541-5576-4509 Tim 541-977-4944</p>
---	--

*Your North Lake Health District welcomes public attendance to monthly board meetings. Meetings are generally @ 5 pm the 1st Monday of each month but may deviate as needed. Notices are hung on the Post Office bulletin board 4 to 7 days before meetings.*

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*By* **NAILS**  
**MINDY**

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# WINTER SPORTS SCHEDULE



North Lake School 57566 Fort Rock Road Silver Lake, OR 97638 541-576-2121

## 2019-2020 High School Basketball Schedule

DAY	DATE	OPPONENT	LOCATION	LEVEL	GAME TIME	DISMISS	
<b>BOYS</b>							
Thur	Dec 5	W Powder Valley	L North Lake	VG/VB	6:00/7:30 PM		
Fri	Dec 6	W Jordan Valley	L North Lake	VG/VB	2:00/3:30 PM		
Fri	Dec 13	W Mitchell/Spray	W North Lake	VG/VB	5:00/6:30 PM		
Sat	Dec 14	W NL Tourney	W North Lake	VG/VB	TBD		
Tue	Dec 17	L Triad	L Triad	VG/VB	4:00/5:30 PM	12:30/12:45PM	
Fri	Dec 20	W Gilchrist	W North Lake	VG/VB	5:30/7:00 PM		
Sat	Dec 21	L Hosanna	W Hosanna	JVB/VG/VB	1:00/2:30/4:00 PM	9:30 AM	
Fri	Jan 3	W Central Ch	W North Lake	VG/VB	5:30/7:00 PM		
Sat	Jan 4	W Prospect	W Prospect	VG/VB	2:00/3:30 PM	10:00 AM	
Tue	Jan 7	L Paisley	W Paisley	VG/VB	5:00/6:30 PM	2:45/3:00 PM	
Fri	Jan 10	W RVAA	L North Lake	VG/VB	2:00/3:30 PM		
Sat	Jan 11	L Trinity	L Trinity	VG/VB	2:00/3:30 PM	11:30 AM	
Tue	Jan 14	W Prospect	W North Lake	VG/VB	5:00/6:30 PM		
Fri	Jan 17	L Triad	W North Lake	JVB/VG/VB	3:00/5:30/7:00 PM		
Sat	Jan 18	W Chiloquin	L Chiloquin	JVB/VG/VB	2:00/3:30/5:00 PM	11:00 AM	
Fri	Jan 24	W Gilchrist	W Gilchrist	VG/VB	5:30/7:00 PM	3:00 PM	
Sat	Jan 25	W Hosanna	W North Lake	JVB/VG/VB	2:00/3:30/5:00 PM		
Tue	Jan 28	W Paisley	W North Lake	VG/VB	5:00/6:30 PM		
Fri	Feb 7	W RVAA	W RVAA	VG/VB	2:00/3:30 PM	9:00 AM	
Sat	Feb 8	W Chiloquin	W North Lake	JVB/VG/VB	2:00/3:30/5:00 PM		
Tue	Feb 11	W Trinity	W North Lake	VG/VB	5:30/7:00 PM		
Fri	Feb 14	W Central Ch	W Redmond	VG/VB	5:00/6:30 PM	1:15 PM	
Sat	Feb 15	OPEN DATE	(NOT FOR NL)				
Tue	Feb 18	Tie Breaker Date for Boys					
Wed	Feb 19	Tie Breaker Date for Girls					
Fri	Feb 21	Mountain Valley League District Tournament					Bend, OR
Sat	Feb 22	Mountain Valley League District Tournament					Bend, OR

11-4-19  
Schedules are always subject to change

## 2019-2020 High School Wrestling

Day	Date	Opponent	Location	Time	Weigh-in Time	Release /Leave
Sat	Dec 7	Officials Tourney	Bend HS	8-9 AM	6 AM	
Wed	Dec 11	La Pine Nov	La Pine	3-4 PM	1:30-1:45 PM	
Fri	Dec 13	Culver Tourney	Culver	12-2 PM	8:30 AM	
Sat	Dec 14	Culver Tourney	Culver	8-10 AM		
Sat	Dec 21	Oakridge T	Oakridge		TBA	
Sat	Jan 4	Bend Invite	Bend HS	8-10 AM	6 AM	
Sat	Jan 11	Echo Invite	Echo HS		TBA	
Wed	Jan 15	NL Novice	NL	3-4 PM		
Fri	Jan 17	The Classic	Redmond Fairgrounds		TBA	
Sat	Jan 18	The Classic	Redmond Fairgrounds		TBA	
Sat	Jan 25	Pine Eagle	Halfway Or		TBA	
			1A State			
Wed	Feb 1	Beach Bash	Gold Beach	1-10 Am		Leave Friday
Sat	Feb 15	District Tourney	North Lake		TBA	

Schedule is subject to change  
Contact Dan Ward for information

## Middle School Boys Basketball 2019

DAY	DATE	OPPONENT	LOCATION	TIME	RELEASE/LEAVE
Fri	November 15	Hines	Hines	4:00 PM	12:30/12:45
Wed	November 20	Culver	Culver	3:30 PM	11:45/Noon
Fri	November 22	Crane	North Lake	Noon	
Tue	November 26	Central Christian	North Lake	4:00 PM	3:15 PM
Tue	December 3	Westside	North Lake	3:00 PM	2:30 PM
Sat	December 7	Crane	Crane	Noon	8:30 AM
Wed	December 11	Culver	North Lake	3:00 PM	2:30 PM
Thur	December 12	Westside Village	Bend	3:30 PM	12:30/12:45 PM
Tue	December 17	Hines	North Lake	3:00 PM	2:30 PM
Fri	December 20	Gilchrist	North Lake	3:00 PM	2:30 PM

Schedule subject to change

Hours: M-F 7am to 4pm  
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---	---

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## NORTH LAKE

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**Lake County Public Transportation**

**Lunch and Bus Schedule**

Operated by Lake Co. Senior Citizens Assoc.

**LUNCHESES**

**Lunch at Summer Lake**

11th Tuesday  
25th Tuesday

**Lunch in Christmas Valley**

20th Thursday (3rd Thurs)

Bus will run for each Lunch location if enough riders sign up

**TRIPS**

**La Pine Shopping Shuttle**

The La Pine Shuttle is free to all riders -  
Donations accepted  
Wed 5th & Wed 19th

**Medical Appointments to Bend**

Possible trip on the 11th

**Medical Appointments Lakeview**

No information at this time

**NOTE:** Please call 541-4947-4966 ext. 106 for reservations at least three working days in advance and to check for other dates that may come available.

You can also Call Debbie @ 541-480-3600 for more information or for a reservation on the bus.

**A little About Special Transportation**

Who can use the service, who can not. Well the simple answer is, Any one can use the services of the Special Transportation Program.

All you need to do is call **541-480-3221 Three days** in advance, further out is better but not required. And be sure to leave a clear message so we can call you back. The coordinator will do her best to get you scheduled, but remember it will still depend on available space and driver availability.

Drivers for the Special Transportation program are volunteers. They not only use their vehicle, they also are donating a good deal of their time.



**Transportation scheduling can be confusing**

Special Transportation is not the same program and Lake County Public Transit.

It is important to understand that Special Transportation drivers do not work for a wage. They are paid a stipend for their mileage and the cost of maintaining their vehicles. Frequently vehicles have more than one passenger and more than one appointment time to meet. At times this may make for a long day, especially if one appointment is at say 10am and someone else's is at 2pm.

So if you are confused about which service to use, check with the schedulers of both programs to see which services you qualify for. The real goal here is to get folks to medical care and also to get them to major shopping facilities.

Drivers may also have to take care of some of their own business, or shopping while a rider is at an appointment, or shopping somewhere else. Be patient, remember it is just as long a day for the driver as it is for you. If you know it will be an especially long day and you don't have funds to eat then please bring something to eat that will not make a mess in the car or stain upholstery.

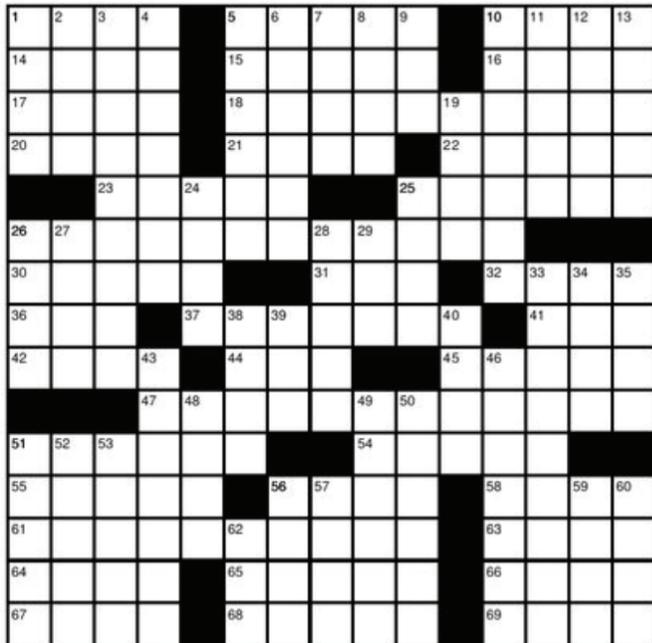
We all love living out in the high desert and we all know that at times we will have to travel 60 to 100 miles to take care of health issues and major shopping. We encourage you to use the services and at the same time appreciate those that are making your rides and trips possible.

**Pink Slip**

**ACROSS**

- 1. River hazard
- 5. It aids commerce in Cancun, Kalamazoo, and Calgary
- 10. Left 21 across or 8 down
- 14. He's blue without his red or white
- 15. Offering from Google or Yahoo
- 16. He may be blue because he's in the red
- 17. Golden rule word
- 18. Princess in plum?
- 20. One might clean up at a Vegas hotel
- 21. Certain hand-outs
- 22. Coolpix camera maker
- 23. Fabric for a sundress
- 25. Creatures of clay
- 26. Share the stage with journalist Andrea?
- 30. See eye to eye
- 31. Lord's Prayer start
- 32. Blown away
- 36. Org. that sticks to its guns
- 37. Auto dealer's option, and a hint to this puzzle's theme
- 41. Greeting for Caesar
- 42. Congers and morays, e.g.
- 44. Keats creation
- 45. Novelist Joyce Carol
- 47. Caesar's boastful bon mot?
- 51. Like this clue
- 54. Pendragon of legend
- 55. Stock holding
- 56. Word with back or off
- 58. Tach readings
- 61. San Fran sportscaster?
- 63. "Piggies"
- 64. Caesar's challenge
- 65. One with grievances, perhaps
- 66. Classic Lotus model
- 67. Kind of waist
- 68. Strand in Rapunzel's rope
- 69. Oxford fellows

**Robert Stockton**



**DOWN**

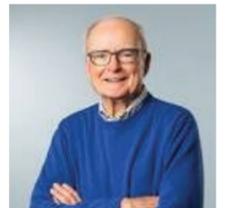
- 1. Like one leg of a triathlon
- 2. First of a famous sailing trio
- 3. Like AZT
- 4. "Well said!!"
- 5. Himalayan denizen
- 6. Worn magic item
- 7. McDonald's, e.g.
- 8. Certain hand-outs
- 9. Tide alternative
- 10. Silverback, e.g.
- 11. No longer napping
- 12. Asp's output
- 13. Moran and Brockovich
- 19. Hydroxyl compound
- 24. "...until \_\_\_\_ a man with no feet."
- 25. "It's Raining Men" singer Halliwell
- 26. Heroine of a classic children's reader
- 27. Man-eater of myth
- 28. Many a software engineer
- 29. Blue, red, or white
- 33. Sport with very wet horses?
- 34. What to get after an insult
- 35. He loved Lucy
- 38. Unchangeable storage
- 39. Stir
- 40. A bagel and lox, perhaps
- 43. Buttress
- 46. Kept at bay
- 48. Mouse manipulator
- 49. You'll find many in a pound
- 50. Pronounces
- 51. How good was it?
- 52. Tony-winning Rivera
- 53. Dennis Miller specialty
- 56. Evening on the Champs-Élysées
- 57. Land of the leprechauns
- 59. Like 27 down
- 60. Apr. 15 data
- 62. Wine container

**February 2020 Cryptogram**

**DLNEJX WJBOUCXV L QJXX AEDYP,  
HEN BDAK UQ MX YBDNJBA  
BEJ LWWXNUNXV.**

**William Ruckelshaus**

Ruckelshaus, a lifelong Republican, also served as acting director of the FBI. But his moment of fame came on Oct. 20, 1973, when he was a deputy attorney general and joined his boss, Attorney General Elliot Richardson, in resigning rather than carry out Nixon's unlawful order to fire the Watergate special prosecutor, Archibald Cox.



**Answer to January 2019 Cryptogram**

**While democracy must have its organizations and controls, its vital breath is individual liberty.**

**Charles Evans Hughes**

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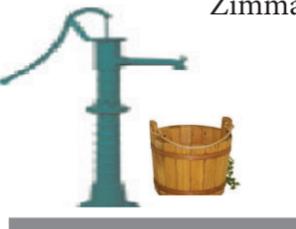


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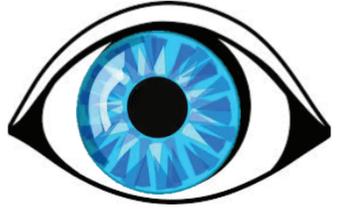
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**Public Meetings**

- CV Boosters - 2nd Mon at 6pm at Booster Building
- CV/NL Chamber of Commerce - quarterly (watch for posters)
- CV Fire Board - 3rd Mon at 7pm at The Christmas Valley Fire Hall
- NL Park & Rec - 2nd Tues at 9am at Park and Rec office
- CV Water Board - 2nd Wed at 1pm at CV Community Hall
- EMS - 2nd Thurs at 7pm at EMS Building
- FT Rock Grange - 2nd Wed at 6:30pm at Grange
- Ft Rock Historical Society - 2nd Tues-10am at the Museum

- FR/SL SWCD - 2nd Thurs at noon at Silver Lake Fire Hall
- Lake Co. Hay & Forage - 1st Thurs at 6pm at Lodge at Summer Lake
- Lions Club - 2nd Mon at 6:30 am at Silver Lake Fire Hall
- NA Wednesdays** at CV Community Hall at 7pm
- NL Health District - 1st Mon at 5pm at North Lake Clinic
- NL School Board - 2nd Mon at 5:30pm at the NL School library.
- SL Lioness - 2nd Wed at 10am at Silver Lake Fire Hall
- SL Rural Fire Dist - 2nd Mon at 7pm at Silver Lake Fire Hall

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