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SUMMER MOON RISE



North Lake School's
Children's Art project
Auction at August 10th
Christmas Valley Music Festival

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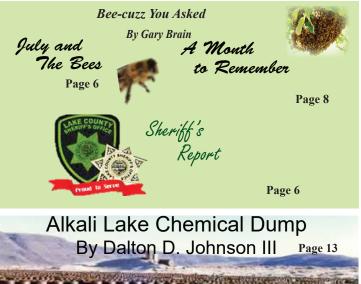
By Toni Bailie

Keep your pets safe in the heat



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Heat Related Health Issues



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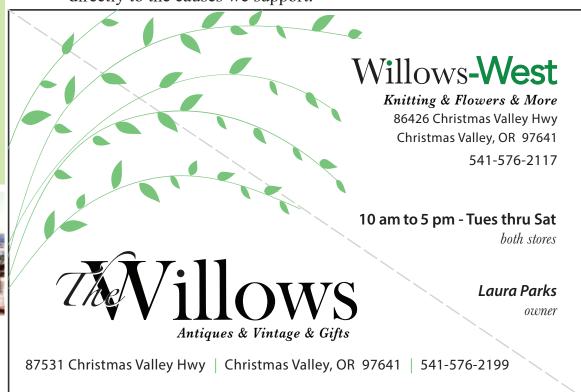
A Day of Music & Fun



2019 will mark the eighth consecutive year the festival has been held. Starting six years ago the *CVMF* became an official 501-C3, non–profit organization. This means that all donations and admissions are completely tax deductible.

Musicians and bands come from as far away as New Orleans to participate in the day's festivities to support our North Lake Community. As part of the experience they also stay at a nearby ranch for the entire weekend where they jam, collaborate, and enjoy each other's company in the high desert.

The expressed mission of the CVMF is to support the arts, and the children of North Lake County. This is all made possible with the generous support of our local businesses and ranchers and a spring fund-raiser in Portland, OR. Many of our musicians once again donate their talents for this event. All proceeds from the CVMF itself including vendor donations and our \$10.00 recommended admission cost go directly to the causes we support.



Comings and Goings

By Terry Crawford

I'm quite sure that most of my neighbors are convinced I am insane. They drive by and I am out in my riding arena with a (very sharp) garden hoe removing weeds for hours, I'm not sure that they aren't right - indeed the lyrics "you may be right, I may be crazy," frequently occupy my mind as I happily hoe. However, the end result after a great rototill job by Kim Watson is so worth the effort. I have a weed free, chemical free, albeit not dust free space in which to practice dressage tests, and obstacles for my working equitation competitions.

I have been able to compete at three shows this year and Alex and I are definitely improving. The whole experience is fun - good people, great horses and lots of quality time with my daughter Jill, who when it comes to horse addiction makes me seem a lightweight. Her mustang gelding Ferox was overall reserve champion. The pair are remarkable.

Going over the mountain to the shows, indeed going anywhere in Big Brown (the name I have christened my 1981 Suburban) has of late not been so fun. Big Brown has issues. The engine, a Mr. Good-wrench box 350 has only about 7,000 miles on it. The stuff that makes the engine start, run etc., not so new. Actually I am beginning to think that most of this stuff may be original to the car - you know starter, vacuum hoses, carburetor - things like that.

Big Brown, with its new starter, turns over nearly instantly and the engine sounds like a 350 should -- nice and smooth. It goes down the road running like a top and then suddenly starts missing and quickly looses power and we roll to a stop. There seems to be no rhyme or reason for this. I think it is fuel delivery related, but after having a bit more work done and with the truck running well I think I am out of the woods. So I headed off to Eugene on the 26th.

The old brown suburban ran perfectly until I got to the top of Willamette Pass then it did its thing. So I rolled to a stop, sat a few minutes and started it up. It made the rest of the trip with no incident. But, with my horse in the trailer my anxiety went through the roof for the rest of the drive. The car sat the remainder of Friday and Saturday and I didn't use it until Sunday evening to drive back to where I was staying. It did it again. Hmmm. No hills, no load, just going along at 50 miles an hour and it starts missing. I was able to throw it in neutral, gun the engine, put it back in drive and again it was running fine. I was now a wreck. No way was I going to try to haul a horse back over the mountains. Breaking down is one thing. Breaking down with a horse in tow in is a totally different scenario. There is nothing worse than being stranded along a road or highway when hauling. So what to do. Well with help the fuel See Big Brown, page 9.

The Community Breeze

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Deadline: The 20th the month

Letters to the Editor and Editorial Policy

Editorial commentary is welcome and all letters to the editor that are clearly signed with the writer's full legal signature and also include the writer's phone number will be considered for publication.

The following criteria will be applied equally to all submissions in determining a letter's appropriateness for publication: Letters may not include personal attacks, inappropriate language, libelous content, negativity which serves no other purpose than to harm or unverifiable facts. Letters are limited to 300-600 words. Letters may not promote businesses - to do so is considered advertising.

The Community Breeze neither supports or condemns any ideas, creeds, religions, customs, attitudes or beliefs and letters to the editor do not necessarily reflect the beliefs of its editor or its advertisers.

Please mail Letters to the Editor to *The Community Breeze* ATTN: Terry Crawford, 85450 Christmas Valley Highway, Silver Lake, OR 97638.

Church in the Park

Sunday, August 25 9:30 am to 12 noon

R.E. Flowerree Memorial Park Christmas Valley

Join us as area churches come together to worship Jesus Christ and hear the word of God.

Everyone welcome! This is a free event.

Praise and worship presented by: "Heritage"

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Presented by the North Lake Ministerial Association

Your North Lake Health District welcomes public attendance to monthly board meetings.

Meetings are generally @ 5 pm the 1st Monday of each month but may deviate as needed.

Notices are hung on the Post Office bulletin board 4 to 7 days before meetings.

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Summertime in Paisley

By Gloria Heglar



Gloria Heglar

I couldn't think of anything to write about today. It is humid and hot outside. I tried to watch television but that didn't work.

We had a friend from Los Angeles here last week, an old friend of about 40 years. I have been lucky to have friends who have been in my life for most of my

77 years. They know me inside and out, some knew my family clear back to my Great Grandmother.

I was talking to one of the two of us that is still alive the other day, she lives in Dallas. These long distant visits are always a trip into memories, both good and sad. But, there is a difference you feel whatever the circumstances are of the content of the call with a



friend like this. We have both had cancer, we have shared the death of two really good friends, her husband, our siblings and everything that has happened in our lives since we all met in the third grade at Lisbon Elementary in Dallas, Texas. We knew each of our parents, grandparents, siblings' pets, boyfriends and husbands and helped raise our kids together. We even learned to love Jesus and Nancy Drew together. Long conversations are no longer necessary; we visit each other's soul for a few minutes and the familiarity calms my cares, and soothes the wounds of everyday life that sometimes shatter our peace of mind.

For that few minutes on the phone you know what matters, you know who you are, where you are in life and how you arrived there. You don't sweat the small stuff or the crap that flies through small towns like a buzzard looking for a meal spattered on the highway. Clark and I are quietly at home, peacefully at home, all is well in our world.

I thank God for all of my friends. I still have many friends of many years, and I have a newer friend who is a treasure for me, a discovery worth smiling about when I think of her, as we share the next years together.

I send Blessings to you and all of your friends. I would like to hear about your best friends and the reward you receive in that relationship.

Kindness towards others is the recipe for a life of happiness, extend your hand to someone who needs a friend.

Clark, my special friend and now retired husband, took this picture of the moon the other night near Lover's Lane. I look forward to "what his eye" for beauty brings home inside his camera each time. Enjoy the rest of the summer, we are off to visit our family in California over Labor Day!

Local business owners live here & Hire Locally

The Chamber urges residents to Shop Local

Christmas Valley/North Lake Chamber of Commerce









TIME FOR NEW ART!



The 2018 Children's art projects will be auctioned on AUGUST 10th at the Christmas Valley Music Festival.

All Proceeds go to the North Lake School to support this year's art projects through the purchase of materials and much, much more.



The Community Breeze

Summer From This Angle: Forest Bathing By Toni Bailie



Toni Bailie

days invite us to shed our winter coats, emerge from our dark cocoons and spread our wings in the warm sun. Here

in the Oregon Outback there are many places to explore – trails that wind through Ponderosa groves, sparkling streams and lakes where fishermen can try their luck, boaters launch their crafts, swimmers plunge into cool pools.

I delight in quiet places where the only sounds are wind whooshing through the pines, or rustling aspen leaves, birds outdoing each other with their melodies, hawk's piercing voice or coyote chorus at dusk. In his book "Way of the Coyote" Gavin Van Horn introduced me to a new word: numenon. It was coined by naturalist Aldo Leopold to describe a feeling that goes beyond physical appearance, the numinous spirit of a place. Leopold grounded this spirit of place in a non-human animal. He averred that each landscape gathers all its energy together and expresses it in a single species representing the unique aspect of a place.

Pondering, this concept, I consider Sandhill cranes the numenon of the Chewaucan Valley.

"Go to the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees...while cares drop away like autumn leaves." John Muir.



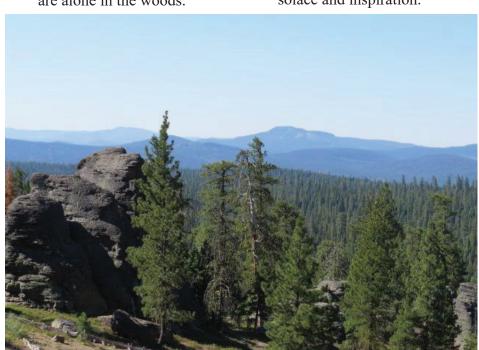
They wing their way hundreds of miles from a winter refuge, arriving in spring to dance a courtship ritual, mate, incubate eggs and introduce hatchlings to the bounty of the meadows. They float through the morning sky, trailing their warbling calls like a banner behind them.

Other languages have coined words for some of the experiences of being connected

to nature. The Greek word psithurism breathes the sound of wind in the trees. The interplay of light and leaves as sunlight filters through branches has a Japanese name: komorebei. In German, waldeinsamkeit expresses the feeling of solitude that seeps into your soul when you are alone in the woods.

In Japan, they have discovered the health benefits of shinrin-yoku – taking in the atmosphere of trees or forest bathing, just being in the presence of trees, sitting or meandering, relaxing rather than accomplishing anything. This has become a cornerstone of preventive health care and healing in Japanese medicine. The tonic of the wilderness lowers heart rate and blood pressure, reduces stress hormones and boosts the immune system.

This summer is the time to spend as much time outdoors as possible, allowing nature to be a solace and inspiration.







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Mark Your Calendar ~ AUGUST 10th Christmas Valley Music Festival

Meteor Showers, 2019 Peak viewing dates

Aug. 12-13 Perseids one of the best at up to 60 per hr. also a full moon

Nov. 5-6 Taurids 5-10 per hr

Nov 17-18 Leonids 15 per hr., but about every 33 years it is cyclonic and there will be hundreds per hr. Last time was 2001.

Dec. 13-14 Geminids, considered the King of meteor showers averages 120 multi-colored meteors per hour, but will be slightly dampened by full moon.

A little About Special Transportation

Who can use the service, who can not. Well the simple answer is, <u>Any one can use the services of the Special Transportation Program.</u>

All you need to do is call **541-576-4689 Three days** in advance, further out is better but not required. And be sure to leave a clear message so we can call you back. The coordinator will do her best to get you scheduled, but remember it will still depend on available space and driver availability.

Drivers for the Special Transportation program are volunteers.

They not only use their vehicle, they also are donating a good deal of their time.

Narcotics Anonymous

Wednesdays at 7 pm
Christmas Valley
Community Hall

Speakers Meeting
the Last Wednesday
of the Month

Celebrate Recovery

Mondays at 6:30 pm
Christmas Valley
Community Church

Sherry 541-5576-4509
Tim 541-977-4944

Your North Lake Health District welcomes public attendance to monthly board meetings.

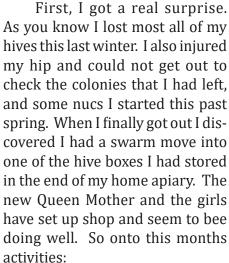
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The Community Breeze

BEE-Cuzz You Asked JULY and the Bees

By Gary A. Brain Summer Lake Apiaries



This month we will chat about Summer Dearth, when to take some gold from the girls, and queen replacement.

First, summer dearth. Dearth as defined by the dictionary is simply a lack of something. As it applies to beekeeping we generally think of summer dearth, which is simply a time where the major blooms of plants and trees have come and gone and we go into the dry summer months of mid July, August and some of September. No matter how we think of dearth, the girls know the real status of the nectar flow. Honeybees behave in distinctly different ways when nectar shortages occur, that is the surest way recognize a dearth. Here is some of the behavior you may see in the girls.

You may see bees on flowers they normally avoid; not only honey bees but other nectar and pollen gathering bees. You may see them revisiting flowers they have already visited once. I see this quite often. Bees will sample a flower fly to another one and come back to the first one they visited



to try again. You can see this on flowers that have multiple blooms on one stem. Robbing and fighting may occur on hives that are close to each other, if this happens, try an entrance reducer on the weaker hive but, remember it is hot this time of year and the hives need all the ventilation they can get. The girls may bee seen trying to feed on your hummingbird feeder or even

investigating your garbage can. I have seen bees working in horse and other animal feeds. I am seeing my bees dash, dart and dive around the hive and my yard. They may just check things out because of a different smells, trying to find sources of nectar. In a few weeks the rabbit brush and other fall blooms will bee coming on and the girls will once again bee foraging

for the gold.

So when to take your supers off? In our part of the state I have found that we need to wait until late September to remove supers bee-cuzz the Rabbit brush and Sage are blooming and I like to give the girls time to harvest that source of nectar. Midwest and Eastern beekeepers typically start taking off supers in mid-June and then start to feed for winter. In the high dessert our honey flow is still going strong.

A few tips about removing supers: Bee careful as the girls are very protective of their stores. Make sure you are suited up and move slowly. I will go into detail later on the actual steps that I do to rob the hive.

Now is the time to think about re-queening. If you have old or failing queens consider replacement. First, check to see if you can get replacements then decide which queens are weak or failing. As with most everything in beekeeping, replacing queens require specific steps. Having said that, I shall leave the details for next

month. Until next month bee safe! Douse those campfires!



June 24, Deputies contacted the victim of an assault that occurred at the Eagle's Nest on Saturday night. The victim stated that the suspect had come into the Eagle's Nest and was taunting her throughout the

Submitted by Sheriff Michael Taylor

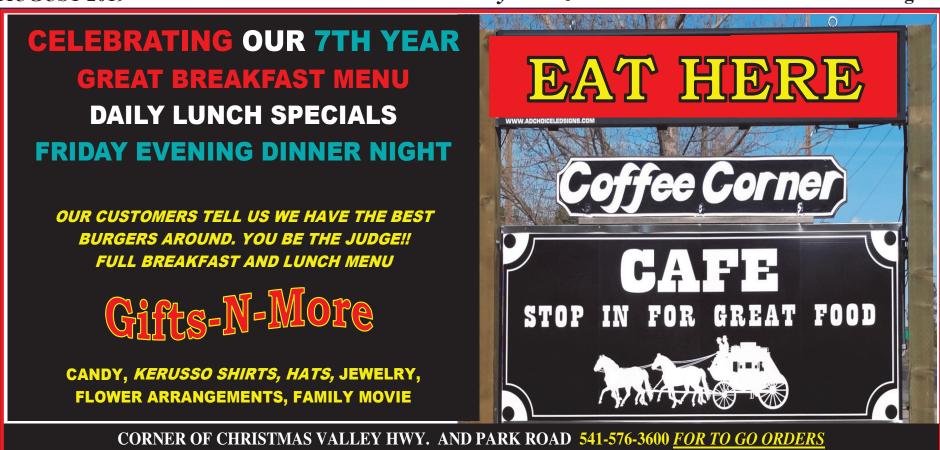
night. The victim left the bar and was approached by the suspect. The suspect punched the victim in the back of the head than pushed her as the victim was leaving the bar. The suspect was contacted and stated that she was "blackout drunk" that night and believes someone slipped

her a mickey. The investigation has been forwarded to the DA's Office for review and charging.

June 26, Deputies were contacted at the Crisis Center regarding a male text messaging nude photos of himself to a female. The suspect sent a progression of photos to in-

See Sheriff's Report Pg. 12





Keeping you pets safe and healthy during the summer heat

In summertime, the living isn't always easy for our animal friends. Dogs and cats can suffer from the same problems that humans do, such as overheating, dehydration and even sunburn. By taking some simple precautions, you can celebrate the season and keep your pets happy and healthy.

A visit to the veterinarian for a spring or early summer checkup is a must; add to that a test for heartworm, if your dog isn't on year-round preventive medication. Do parasites bug your animal

companions? Ask your doctor to recommend a safe, effective flea and tick control program.

Never leave your pet alone in a vehicle hyperthermia can be fatal. Even with the windows open, a parked automobile can quickly become a furnace. Parking in the shade offers little protection, as the sun shifts during the day.

Always carry a gallon thermos filled with cold, your pet.

The right time for playtime is in the cool of the early morning or evening, but never after a meal or when the weather is humid.

Street smarts: When the temperature is very high, don't let your dog stand on hot asphalt. His or her body can heat up quickly, and sensitive paw pads can burn. (If you can't stand on the pavement or asphalt in your bare feet then it is too hot for your pets feet). Keep walks during these times to a minimum.

Provide fresh water and plenof shade for animals kept outdoors; a properly constructed doghouse serves best. Bring your dog or cat inside during the heat of the day to rest in a cool part of the house.

Be especially sensitive to older and overweight animals in hot weather. Brachycephalic or snub-nosed dogs such as bulldogs, Pugs, Boston Terriers, Lhasa Apsos and Shih Tzus, as well as those with heart or lung diseases,

should be kept cool in air-conditioned rooms as much as possible.

now long does it take for a car to get hot? outside F* inside P 124

When walking your dog, steer fresh water when traveling with clear of areas that you suspect have been sprayed with insecticides or other chemicals. And please be alert for coolant or other automotive fluid leaking from your vehicle. Animals are attracted to the sweet taste, and ingesting just a small amount can be fatal. Call your veterinarian or the ASPCA Animal Poison Control Center at (888) 426-4435 if you suspect that your animal has been poisoned.

> Good grooming can stave off summer skin problems, especially for dogs with heavy coats. Shaving the hair to a one-inch length—never down to the skin, please, which

robs Rover of protection from the sun—helps prevent overheating. Cats should be brushed often.

Do not apply any sunscreen or

insect repellent product to your pet that is not labeled specifically for use on animals. Ingestion of sunscreen products can result in drooling, diarrhea, excessive thirst and lethargy. The misuse of

insect repellent that contains DEET can lead to neurological problems.

Having a backyard barbecue? Always keep matches, lighter fluid, citronella candles and insect coils out of pets' reach.

Please make sure that there are no open, unscreened windows or doors in your home through which animals can fall or jump.

Stay alert for signs of overheating in pets, which include excessive panting and drooling and mild weakness, along with an elevated body temperature.

Spending time on or near the water - think Water Safety. For a lot of families, summertime means swimming time. If your pooch will be joining you on your adventures, be it lakeside, oceanside or poolside, please read our following tips:

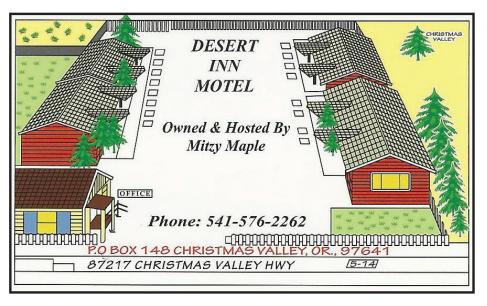
Supervise your dog near water. Not all dogs are good swimmers, so if water sports are a big part

of your family, please introduce your pets to water gradually.

Make sure all pets wear flotation devices on boats.

Try not to let your dog drink pool water, which contains chlorine and other chemicals that could cause GI upset.





The Community Breeze Another Month to Remember By Gary Brain

Another month to remember! A late swarm, harvesting honey and getting stung again and again and again... And the Ana Fire.

At first that July started out just fine. I thought, as I always do, I know my girls all I need to do is work Slowly, and everything will turn out fine. Let's see, IF one would remember the article that points out common mistakes (yes I know it is spelled wrong) that beekeepers make; item # 4 on the list is "Wear protection!"

As we get complacent we get to feeling we are invincible and we should bee able to just every now and again, go up and "observe" the girls. Done that lots of times. But then, some small thing is begging

to bee fixed or moved or, or, or...

I cannot seem to get over the fact that no matter how good we think we are WE WILL BEE STUNG!

So onto the late swarm. Some good friends of mine from the 24 Ranch called and said there was a bunch of bees clustered in a Crab Apple tree. Beeing in July when "normally" the girls are past swarming I thought may-bee it was just some

of the girls confused that had lost their way. It turned to bee a bona fide swarm with two clusters of the

girls clinging to the branches of the tree. I went back to my shop, got the shop-vac and my homemade swarm-vac-box and some other essential tools and proceeded to capture what I estimated to be around 9000 of the girls and hopefully the Queen Mother, I will know in a couple of weeks when I inspect the new colony. If all goes well and with some diligent feeding and TLC the 24 Ranch will have some honey next fall and I will have increased my 'herd'

So onto the honey harvest. Last year I waited to long to harvest the "Valley Girl's" honey and was robbed of about one half of he stores



by the pesky Yellow Jackets. This year I moved my harvest date up by one month and was pleasantly

surprised at the amount of honey the "Valley Girls" brought in. All went well as I enlisted my grandson's help. He was not too impressed as it was 90+ and he lives on the Oregon coast and he was outfitted in a puncture-proof bee suit. Enough said.

Onto the Ana Fire of July 2017. As most of you know we had a 6000-acre fire in Summer Lake that gobbled up over 500 acres in about the first two and a half hours.

Hats off to the Silver Lake, Paisley, Lakeview, Thomas Creek/Westside and Summer Lake Fire Local

> Volunteers, as well as the local Initial Attack Crews from the Silver Lake and Paisley Ranger Districts along with Oregon Department of Forestry personnel for averting a catastrophic loss of homes and local

businesses! It was a night not to remember; most all of the crews knew that what they witnessed was a true miracle, combined with a lot of sweat and determination to protect local homes

and businesses. The crews were up 36 hours without relief fighting tooth and nail to assure that when

the families that were evacuated or absentee landowners came back, all would have their homes safe and secure. All but one home survived. Take a drive down Hwy 31 to Summer Lake. Let what you see sink in. It was the combined effort of sheer will, experienced dart throwers, a



good amount of luck and tenacity that saved the homes and businesses of Summer Lake that night.

Do not forget that. Thank a volunteer for their service to the community in which they live. WE all give our all to all no matter what. That is why we live out here.

BEE SAFE!





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Big Brown from Page 2

filter was changed - was hoping this was the issue and went back to the Oregon Horse Center. Again it was running smoothly. Went into the barn and took care of Alex, then began loading all my gear into the truck. My next step was to see if anyone taking the after-show clinic could put my horse up until I was able to come and get him.

An lovely lady, Erin offered to let him stay at her place in Springfield. So after her second ride we loaded him and her mare into her trailer and I followed her home.

With Alex safe I headed up the north branch of the Santiam pass. It was now after five.

As usual, Big Brown was running just fine and I got a good way down the road and up the hills before it once again began missing and rolling to a stop. It started, I drove, it stalled out, it started and so on. I finally made it to Bend around 9pm and was on the parkway when it did it again. I was right at an exit so rolled off on a side street. It didn't want to start this time so I called AAA and set up a tow. I just couldn't face getting out on Hwy. 31 with no phone reception and being stuck in the middle of the night.

Truck arrived an hour and a half later, the driver got it loaded and we were off. It was now 12:30am. I unloaded the bare necessities and dropped into bed exhausted -- to tired to agonize over how I was going to get my horse and trailer home.

Tuesday I worked on the paper with the intention of getting the pages to the Bulletin by Wednesday morn-

ing. I was in a bit of a brain fog. Just hadn't had enough sleep over the past several days. My friend Carol called late afternoon. I told her what was going on and she said let's just go get him now. I wasn't prepared but I certainly and gratefully accepted the offer. We were off at around 7:30 pm.

We got up on Hwy 31 and encountered an accident that had all traffic at a stand-still. About 45 minutes later we were on the road again. The truck involved had gone off the road, hit a substantial tree and snapped it off and then ended up a good distance into the trees - landing on its side. Our Silver Lake EMT and Fire crew was on scene as was the ODOT incident response team. I was afraid the worst had happened. Today I found out the driver, although badly injured thankfully survived.

We finally made it to Eugene to pick up the trailer then off to Hwy 126, after a few wrong turns, and then to Erin's home to pick up Alex. It was now midnight. Quietly we got the trailer turned around, then I went and got my boy loaded him and we were off. We arrived at my home at 3:30 am. One nonchalant horse and two very tired women. I was hoping to sleep in but the dogs were having none of it.

So I got the chores done, and started finishing the paper - with several naps during the process.

A foggy brain is one thing but I actually fell asleep at the computer once. It's almost 1 am and I am putting the paper to bed and sending the pages off. I'll worry about the car later

Last month, I came across a unique dessert idea that I thought I'd share with the Folks at our Senior Lunch at the Lodge. It was a hit so I thought I'd pass it along for your Summer enjoyment. It's fresh and chocolate-y and Berry Good!

Summer Brownie Pizza

- 1 Box of Fudge Brownie Mix (or scratch recipe for 8 X 8 baking dish)
- 1 1/4 cups Milk
- 1 package (3.4 oz.) instant pudding mix (white chocolate or cheesecake flavor)
- 1 1/4 cups heavy cream to make 2 1/2 cups whipped cream (you can add sugar to taste, or not)
- 2 cups fresh berries (a mixture or whatever you have)

For Garnish use Hersheys chocolate syrup chopped or sliced nuts (pecans, almonds, even walnuts)

Prepare brownie mix as directed on box (or from scratch) and spread onto a well-greased 12" pizza pan

(even better line with parchment paper and grease paper)

Bake "pizza" at 350° until toothpick comes out almost clean, 15-20 minutes. Check at 15 min. - cool on wire rack.

Meanwhile whisk milk and pudding mix for 2 min or so. Let stand until soft set, a few minutes. Fold in whipped cream 'til well combined and spread over brownie crust.

At this point you can refrigerate the pie 'til serving time, covered using toothpicks to elevate plastic wrap to keep it from sticking to pie.

To serve, top "Pizza" with desired fresh berries, drizzle with chocolate syrup and sprinkle with nuts



Marie Brain The Flyway Restaurant The Lodge at Summer Lake

HOT TOPIC

By Kelly McCord North Lake Health District

Some of us have really enjoyed the slow start to summer; cool nights and mild days. Other's have been anxiously awaiting typical summer weather. Which ever your preference it seems the slow start is behind us and the hot days of summer have arrived. While we may enjoy the warmer weather, the heat can present health risks if we're not careful to take precaution and pay attention.

The best precautionary thing you can do is to stay hydrated. Drinking plenty of fluids is important, but its equally an electrolyte replacement

important to be drinking the right fluids. Alcoholic, caffeinated and sugary drinks can be detrimental to maintaining hydration.



(Gatorade or equivalent) is an even better choice, but really, the best choice is water, 6 to 8 glasses per day.

We must also be mindful of how much time we spend in the heat. It's the best time of year for yard work and out-

Juice is a healthier choice and door recreation and it's easy to

over do it. It's a good idea to do yard work in the morning and early evening when the sun is not directly overhead. Midday is a fun time for water sports, hiking, biking and playing on motorized toys so be sure to stay hydrated and take breaks to spend time in the shade or better, in an air-conditioned space.

Pay attention to the signs of heat exhaustion. Symptoms may start with extreme thirst, headache, excessive sweating, pale skin and rapid heart rate and can advance to muscle cramping, weakness, fatigue, dizziness and fainting. If not treated with immediate cooling and plenty of fluids it can progress to heat stroke which can be extremely dangerous. The use of fans paced re-hydration, application of cool water, (spray bottle, shower, moist towels are all good applications), and moving to a cooler environment should remedy early onset of heat exhaustion within 15 to 30 minutes. Left untreated it can progress to heat stroke. Be careful to monitor heat exposure for several days following an episode of heat exhaustion.

Heat stroke can be life threatening and if suspected immediate, professional medical intervention is needed. Heat stroke can present with symptoms of dry/hot skin, nausea/vomiting, confusion, convulsions and loss of consciousness. **It's important to note that heat stroke can occur suddenly, without going through to initial symptoms of heat exhaustion. Heat stroke can be life threatening and if suspected immediate medical intervention is needed.

Enjoy the summer fun, stay hydrated and take care to monitor your exposure to extreme temps. And ALWAYS remember your pets can't tell you when they feel the onset of over exposure. Make sure to keep cool, clean water available for them to drink at their leisure and to provide a cool and shady place to which they can retreat.





Dr. Natasha Rudd, N.D., L. Ac.



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To schedule an appointment to be seen by Dr. Rudd at the North Lake Health District's Medical Complex please call 541-385-6249.

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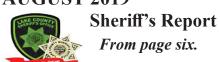
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AUGUST 2019



clude nude photos. The victim asked the suspect to stop sending the photos however the suspect continued and asked the victim to send nude photos of herself to him. The investigation is ongoing at this time.

June 28, while on routine patrol an adult male subject was observed in the area of 11th and south G Street who was known to have warrants for his arrest. The warrants were confirmed and the subject was taken into custody. The subject was arrested and transported to the Lake County Correction's Facility where he was booked on the warrant and unlawful possession of methamphetamine.

June 28, while on routine patrol an adult male subject was observed in the area of the 1000 block of South H Street. The subject was run for warrants which were confirmed. The subject was arrested and transported to the Lake County Correction's Facility where he was booked on the warrants.

July 1, Deputies contacted the victim of a restraining order violation at the Christmas Valley Market. The victim stated that her husband parked next to her vehicle which was parked in the parking lot and came into the Market to contact her in violation of the order. The husband was contacted at his residence and interviewed. The husband admitted that he knew his wife was at the Market however needed gas and something to eat. The husband was arrested and transported to the Lake County Correction's Facility where he was booked for violating a restraining order.

July 3, Deputies responded to the 500 block of North J Street regarding a domestic dispute where the female was screaming for help. The subsequent investigation revealed the male half assaulted his ex-girlfriend and fled the scene. The following day the male suspect was located, arrested and transported to the Lake County Correction's Facility where he was booked for Assault in the fourth degree and Harassment.

July 4, while on routine patrol Deputies observed a male suspect who was known to have outstanding warrants for his arrest. The suspect was contacted at the Chevron Station at the intersection of 4th and G Street. The suspect was arrested and transported to the Lake County Correction's Facility where he was booked on the warrant

and unlawful possession of

methamphetamine.

The Community Breeze

July 5, Deputies were dispatched to Lake District Hospital for a reported dog bite where the victim was contacted in the Emergency Room. The victim said the dog bit her as she was riding her bicycle on the street. Puncture wounds were observed to the victim's lower left leg. The suspect dog was located in the 500 block of Mountain View. The dog was seized and impounded for a 10 day quarantine. The owners of the dog have been cited for animal at large and the investigation has been forwarded to the DA's Office for review and charging.

July 14, Deputies responded to the 600 block of south M Street regarding threats with a firearm. The investigation revealed that one of the subjects had shot at a dog because the dog allegedly attacked him. When the owner of the dog confronted the subject, it was reported the subject with the firearm pointed the firearm at the dog owner and threatened him. The alleged victim's statements were inconsistent during the interview to include the description of the firearm. The firearm was seized for evidence and the investigation has been forwarded to the DA's Office for review of charging. Investigation is ongoing.

July 15, at 1:30 AM Deputies were on routine patrol in the 200 block of north L Street when they heard a loud generator running. Deputies made contact with the resident when they recognized a male subject who had an outstanding warrant for his arrest. A routine warrant check revealed a felony warrant out of Crook County, for failure to appear. While talking to the subject under arrest, Deputies observed a bunch of rocks sitting on a table. Also observed in plain view was a glass pipe with a white residue in it sitting in a red container on a table. Also observed sitting next to the subject was four hypodermic needles. Deputies also observed fresh blood and liquid in one of

them. Permission to search the house for drugs was permitted by the resident. While searching Deputies observed three small clear baggies sitting a bowl in the living room. The baggies had a crystal-like substance in them. The substance was field tested and the crystal-like substance tested positive for meth. The male was arrested and transported to the Lake County Correction's Facility and booked for the aforementioned warrants and unlawful possession of methamphetamine.

July 16, Deputies responded to the 86000 block of Spruce Lane regarding a domestic dispute involving a boyfriend and girlfriend. The female half reported that her boyfriend came to her residence to retrieve some personal property and damaged the swimming pool prior to leaving. As the female half walked over to where her boyfriend was the boyfriend pushed her to the ground and stomped on here foot. Deputies observed that the female had a purplish discoloration to where she said her boyfriend stomped on her foot. The boyfriend was contacted a short time later, arrested and transported to the Lake County Correction's Facility and booked for assault. The investigation has been forwarded to the DA's Office for review of charging.

July 18, Deputies responded with EMS to the Shirk Ranch after a man was found unresponsive lying in the dirt road. The subject was transported to Lake District Hospital where he was admitted in serious condition. Several days later Deputies were able to determine that the subject got stuck in a ditch and wasn't able to free his vehicle from the ditch. The subject started walking until he collapsed. Law enforcement was able to locate his vehicle and retrieve two dogs and some firearms left in the vehicle. It appears the subject will recover from his medical episode at this

July 19, Deputies were on routine patrol when they observed an adult female in the area of south 10th & H Street. When the female observed the Sheriff's vehicle she broke and ran attempting to elude the Deputies. Deputies caught up with the subject after a short foot pursuit and detained her. The female admitted to have

been drinking and smoking marijuana while on active probation. The female's probation officer was contacted and advised to take the female into custody for a probation violation. The female was arrested and transported to the Lake County Correction's Facility and booked.

July 20, Deputies responded to a residence in Christmas Valley regarding an unwanted quest. A routine warrant check revealed that the male in question had multiple outstanding warrants for his arrest. The check also revealed the male was actively on probation in Lake County. The male was arrested and transported to the Lake County Correction's Facility and booked for the following warrants, three Lake County Community Justice warrants, two Klamath County Circuit Court warrants and a Jackson County Circuit Court warrant.

July 13, Deputies responded to a single vehicle rollover accident on the Sinks Road, approximately 25 miles northeast of Christmas Valley. Reports were the vehicle had rolled multiple times with four occupants. During the investigation the driver said she braked to miss a rock in to road, and the car slid, then rolled. EMS arrived to render aid to all occupants who determined injuries were all minor. The investigation revealed the vehicle slid approximately 277 feet before it rolled twice landing on its wheels. North Lake Towing recovered and secured the vehicle. The investigation is ongoing.

July 24, Deputies contacted the victim of an animal complaint in 85000 block of Thorn Street. The victim said that a dog chased him while the victim was riding his bicycle down a hill. The victim said he kicked at the dog several times however the dog continued pursuit. The victim demanded that the dog be immediately euthanized. When the victim was told that the Sheriff's Office was not going to euthanize the dog the victim became enraged and uncooperative. At one point the victim said the Sheriff's Office was worthless and hung up on the 911 dispatcher. The investigation did however result in the dog owner receiving a citation to appear in Circuit Court under county ordinance 18A, Animal Control section 3.1, dog license.

ALKALI LAKE CHEMICAL DUMP By Dalton D. Johnson III

by coating the Flora and Fauna and everything else, the time to do ing as an Investigator for a National their genetic damage as they do not Newspaper I was assigned the task wash off.

The Good News; the chemicals are being kept out of aquafers because the oil is floating to the top. By the way the Water Moratorium in North Lake County is a result of fear of aquifer contamination and should be lifted as it was based on fear rather than science.

When doing my original research I eliminated seven of the original sixteen people I interviewed because they served in Viet Nam may have been exposed to Agent Orange which can rear its ugly head decades later.

By State Law if your doctors say you have cancer they must report your name, location etc., to the Oregon Disease Control (ODC). I personally delivered nine sets of medical examination records to ODC and explained that according to their web site there are only two cases of ML in Lake County. At a ninety-day return follow-up I and asked why their website still only acknowledges two cases of ML? "Those two were probably Viet Nam Vets anyway," was their reply. I reread the name of their agency in a different 'light'.

dump shows very little evidence of the actual site because the lake washes everything level in a seven by fifteen-mile circumference (exactly level). One thousand yards to the west lies Hutton Springs. Hutton Springs is about the size of a city block with extremely cold and clear water flowing up out of the ground floor forming a stream with endangered fish swimming around. This artesian spring is located in the North American Flyway and filled to the brim with canisters resembling large coffee cans. The cans above the waterline are extremely deteriorated due to the elements and the pelicans using these man-made islands to fish from. The canister below the waterline look intact as the ones the EPA is presently removing from Wallow Lake. How can fish coexist with such toxic substances? Again, oil floats and for a secondary scientific fact that can be applied to Alkali Lake; oil and water don't mix.

Hutton Springs is the headwaters of the Klamath River Drainage which feeds into Northern

Nearly thirty years ago worklife-span of a thousand plus years. At the very least a weir could be



of determining if sixteen people, who all happen to live in the now ghost town of Alkali Lake, at approximately the same time and all sixteen people were diagnosis with Multiply Myeloma (ML. They are all dead now. The question; did these people contract that death sentence from living in the proximity of the chemical dump know as Alkali Lake?

The American Medical Association stated that ML is directly related to what is buried in Alkali Lake in concentrated form -- Agent Orange. Our living Viet Nam Veterans testimonials have shown this to be true. Speaking to Lake County Commissioner Brad Winters I was repeatedly told that "they had permission to store those chemicals, but the barrels started leaking". Internet......Alkali Lake Chem-My on-site inspection of the site......KOIN Channel 6.....of the twenty six thousand, fifty five gallon barrels you won't see two the same color. Notice their condition. These barrels were leaking when they arrived here. There was never any intention of storage, but rather the intention was that of dumping. This was clearly a flagrant illegal act. The barrels don't even have a plug in the bungholes!

> The bottom of the pits are approximately twenty-five feet below the surface of a lake four months out of the year. The pits weren't dug level which resulted in 1.2 million gallons of leaking chemicals pooling in the North end and creating an exit plume due to saturation pressure to movement towards the center (due to gravity) where the hardpan is two and one half miles thick and fissure-free. This plume is thirty-five hundred feet in length and runs relatively level and up because oil floats on water.

The bad news is that this action is causing the chemicals to leech into our environment from the pits. The oil is what gives these California and Southern Oregon. chemicals the ability to transmit,

constructed where a skimming process could be employed

to toxic oil. The skimmer technology already exists it is what the Road Departments use after a car accidents and fuel spills to clean up the mess.

The Super Fund Clean-up was a boondoggle from the beginning

These chemicals have an estimated and is today bankrupt. I live across the street from the one of the earliest Super Fund Clean-ups signed by President Nixon. Gas is still in the water and it's still being monitored.

> DEQ Manager, Robert Schwarz stated, "The chemicals dissipate in the wind so they are no hazard as long as people stay away"

> On July 15, 2019 Attorney Foster Glass answered a decades old question I've had on this dump;

> > Why hasn't anything been done about this tragedy?

> > The property owner of the chemical dump known as Alkali Lake is the Department of Environmental Quality.

> > NO matter what the Fox says; under no circum-

stances do you allow him to guard the henhouse.

> Prospector will return in Oct Next Month: Keeping cool heads and cleaning it up



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All About Puzzles

puzzles.about.com

A friend, who knows I enjoy cryptograms, gave me a copy of y our July issue. After enjoying working the cryptograms therein, I decided to encrypt a couple of my favorite adages and send them to you. So here they are and I hope you enjoy them.

Neil W. Lynner

A. LNNKA BN UNOH BPUPFH TM SCH VNOKB SCPM SCH SORKX HZTK; SCPS'A EHDPRAH SCHOH POH AN UPMX UNOH LNNKA.

- B. YJB TIUSYSNSGO SC YJB OGYEHGU BOBPD IL LHBB PBO.
- C. DOCCSJF TG P BJUSCODAZ HETUM, RAH TG PZBPXG KPTS DJO TU RZJJS.

For answers you will have to wait for the September issue of the Breeze

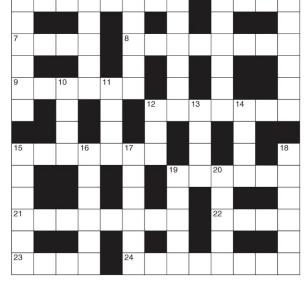
Around the World

ACROSS

- 1 US volcano, **Mount ... (2,6)**
- 5 **Supersonic planes**
- 7 Taj Mahal city
- 8 Cambridge & Oxford universities
- 9 Treeless Artic zone
- 12 Coniferous tree found in Europe
- 15 Vienna is there
- 19 Croation capital
- 21 Penisula in southwest England
- 22 Manchurian river
- 23 Central attraction of Piccadilly Circus
- 24 Region that includes Japan, China and

DOWN

- 1 Roughly built settlelments, ... towns
- 2 Large African antelope
- 3 Nasty diseas named after a river in the Democratic Republic of the Congo, ... virus
- 4 Underground train system
- 5 City of northwest India
- 6 People from Stockholm
- 10 Scotland's monster lake, Loch
- 11 German industrial region
- 12 Washington-based spy group (1,1,1)
- 13 Italy's Leaning Tower of ...



- 15 Native American tribe
- 16 Sport played at Wimbledon
- 17 Earth's glacial period (3,3)
- 18 Portugal and Spain
- 19 Bantu peoples of Natal
- 20 West African nation

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AUGUST 2019

Lunch and Bus Schedule

Please be aware that schedule is subject to change.
Thank you for your Patience.

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Lunch in Christmas Valley

22nd Thursday

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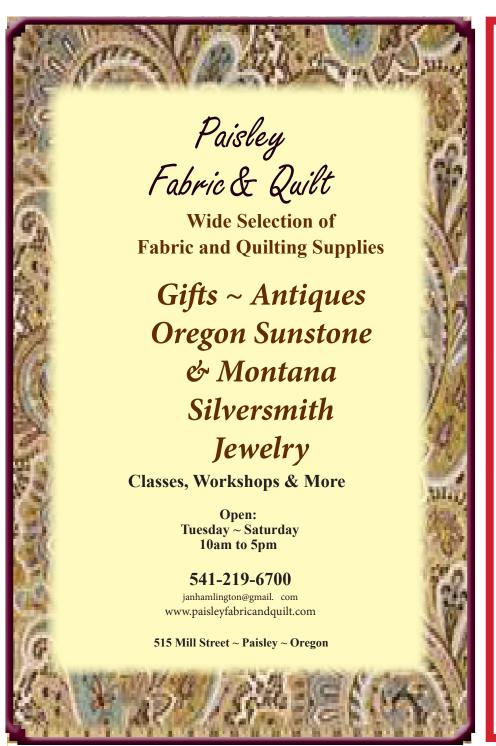
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Public Meetings

CV Boosters - 2nd Mon at 6pm at Booster Building CV/NL Chamber of Commerce - quarterly (watch for posters) **CV Fire Board** - 3rd Mon at 7pm at The Christmas Valley Fire Hall NL Park & Rec - 2nd Tues at 9am at Park and Rec office CV Water Board - 2nd Wed at 1pm at CV Community Hall **EMS** - 2nd Thurs at 7pm at EMS Building FT Rock Grange - 2nd Wed at 6:30pm at Grange

Ft Rock Historical Society - 2nd Tues-10am at the Museum

FR/SL SWCD - 2nd Thurs at noon at Silver Lake Fire Hall **Lake Co.** Hay & Forage - 1st Thurs at 6pm at Lodge at Summer Lake **Lions Club** - 2nd Mon at 6:30 am at Silver Lake Fire Hall NA Wednesdays at CV Community Hall at 7pm **NL Health District** - 1st Mon at 5pm at North Lake Clinic **NL School Board** - 2nd Mon at 5:30pm at the NL School library. **SL Lioness** - 2nd Wed at 10am at Silver Lake Fire Hall **SL Rural Fire Dist** - 2nd Mon at 7pm at Silver Lake Fire Hall



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